



Red Flags and When to Call PIECES

We know that it can be difficult for families to make the decision of when a loved one needs more help or needs care. Even if you do decide they need care, how extensive is the need? The following list is some highlights of several “red flags” that indicate you should probably call someone and get further information on how to help your loved one.

Ask yourself if any of the following apply to your loved one?

- Difficulty managing day-to-day activities like getting the groceries, making meals, paying the bills, using the phone, laundry, etc.
- Showing signs and symptoms of confusion or memory loss and a possible need for assessment, diagnosis, or treatments
- In need of someone to facilitate medical appointments and communicate with healthcare providers since it has become “too much” or “too confusing” or “too frustrating”
- Difficulty walking, balancing, or consistent falls
- Difficulty living in and moving around the home
- Changes in appetite or significant weight changes (gain or loss)
- Personal hygiene issues including body odor, unclean clothing, dirty hair or nails
- Individual is no longer able to maintain their home independently
- Inability to obtain or manage medications
- Noticeable changes in mood or activity
- Significant changes in behavior due to a life event
- Frequent hospitalizations caused by ineffective management of chronic conditions

Do any of these signs apply to your loved one?

Are you experiencing family conflict about the older adult's ability to stay in current living environment based on independent living skills and level of safety in the home? Please give us a call and we would like to help. Our solutions don't have to be extreme, and we will tailor our solution to your situation.

Call PIECES today at 970-837-1579 for more information