



## Senior Driving Checklist

Is it time to take the keys away? For your loved ones to stop driving and look at alternate forms of senior transportation? Here's some questions to ask to see if your parents are a danger to themselves or others on the road. Have them answer these questions honestly so you can determine if they should be driving. For the sake of brevity, we'll refer to the driver as "he". Circle the answer that best applies.

### Vision

1. Has he had an eye exam in the last year? **Yes or No**
2. Have cataracts, macular degeneration, glaucoma or any eye diseases? **Yes or No**
3. Have problems seeing signs or lane lines? **Yes or No**
4. Always wear his glasses when driving? **Yes or No**
5. Have a clean windshield and good windshield wipers? **Yes or No**
6. Have problems with night driving or the glare of oncoming headlights? **Yes or No**

### Hearing

7. Hearing checked in the last year? **Yes or No**
8. Hear if other drivers honk? **Yes or No**
9. Wear his hearing aids when driving? **Yes or No**

### Mobility

10. Climb stairs or walk more than a block during the day? **Yes or No**
11. Turn around to see if a car is in his blind spot? **Yes or No**
12. React quickly if a car swerves in front of him? **Yes or No**
13. Have a hard time turning around when backing out of a parking space? **Yes or No**
14. Tire easily after driving? **Yes or No**
15. Have problems with hand/foot coordination? **Yes or No**



## **Mental Acuity**

- 16. Get confused between the gas and brake pedal? **Yes or No**
- 17. Seem to be getting lost more often, particularly in familiar surroundings? **Yes or No**
- 18. Easily become distracted or have difficulty concentrating while driving? **Yes or No**
- 19. Display signs of road rage, cuss or incessantly honk at other drivers? **Yes or No**
- 20. Seem nervous or agitated when driving? **Yes or No**

## **Other Driving Problems**

- 21. Suddenly have dents or scratches appearing on the car? **Yes or No**
- 22. Has he recently received a speeding ticket or had a close call? **Yes or No**
- 23. Tailgates other drivers? **Yes or No**
- 24. Drives too fast or too slow for the speed limit? **Yes or No**
- 25. Has dementia, diabetes, ALS, epilepsy, Parkinson's disease, seizures that could affect his driving ability? **Yes or No**
- 26. Could pass the written or driving portion of the driving test? **Yes or No**

Approaching the subject of limiting or stopping a senior from driving is not easy. Call PIECES and we will help you find resources to have that conversation.

**Call PIECES today at 970-837-1579 for more information**